LUDIVINE MIAFFO ZEMGUE

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**SUMMARY**

Compassionate, motivated and dedicated Certified Nurse Assistant, I have exceptional skills in providing optimum patient care. Solution oriented and highly skilled in-patient care management and collaboration. Enthusiastic team player and able to focus and complete tasks while under pressure.

**ACHIEVEMENTS**

Co-Author, Zemgue, L. M. Interventions infirmières et auto-détermination dans les auto-soins de la personne atteinte de diabète et sa famille, Press of the Catholic University of Central Africa.

**WORK EXPERIENCE**

**CNA**

Memorial Hermann Southwest Hospital January 2021- Present

* Vital signs check, accuchecks, record intake & output,
* Perform EKGs as ordered,
* patient safety (call light, rails up, bed alarm, telephone within reach),
* Assist patient with feeding, bathing, grooming, cleaning as needed and document,
* Assisting patient with mobility needs, transferring them from wheelchair to bed,
* Turning or adjusting patient in bed to prevent bedsores and check for skin breakdown, bruises or tears,
* Practice range of motion in order,
* Empty/change ostomy bag,
* Practice infection control…

Elite Medical Staffing (Nursing Skills) August 2020- December 2020

* Help residents per shift with personal hygiene and care such as bathing, grooming, dressing, bowel and bladder care,
* Observe and record residents’ conditions, food and liquid intake and other behavior, and report changes to the nurse,
* Help residents walk with canes, walkers, or other devices,
* Make beds, and maintain clean and safe environments for the residents,
* Lift, transport, and move patients using the appropriate techniques,
* Treat all patients, family, and other visitors with respect, and always engage with them in a tactful manner…

Evergreen Private Care August 2020-february 2022

* Help client with activities of daily living (ADL’s) such bathing, grooming, dressing, feeding, toileting,
* continence, mobility, transfer, lifting,
* Medication reminder,
* Observe and report change in activity level, mental status, skin,
* Light housekeeping and meal preparation,
* Help client to change appliances,
* Catheterized patient in need as ordered…

**EDUCATION**

**Certified Nurse Aide**

* Texas License #NA0060056571 July 2022
* CPR and AED Program June 2022

**Master’s degree in nursing sciences**

Catholic University of Central Africa, Yaoundé, Cameroon March 2016

**Bachelor’s in nursing sciences**

Université des Montagnes, Bangangte, Cameroon August 2013